

## JOURNAL REFLECTION SHEET FOR LEVEL 101, 201, 301, 401

# Finding Your Purpose and Destiny – Part 2

### How to Use This Journal Reflection Sheet

This Journal Reflection sheet goes with “Finding Your Purpose and Destiny – Part 2” This sheet is for personal reflection and processing what you saw in the video and what was read in the study guide.

This is where you would write down your thoughts and track your progress over the years to see where you are now, get an overview of how God is working in your life, and see future improvements in the years to come.

**Every 6 months** look at this sheet to see what has changed, improved, and add any new things but take time to PRAISE GOD and acknowledge your growth. This is important. The enemy will always attempt to make you feel as if there is no improvement but when you write down your progress and acknowledge them you will see that you are doing much better.

Habakkuk 2:2-3 tells us to write the vision down, make it plain so the one who reads it will run with it. Though it tarries it will surely come at the appointed time. So in writing this down you are making a plan and a goal to move forward and change the things that are listed here. Over time you will see through reading the word and prayer, how the Holy Spirit will work with you to make the changes.

### Prayer before you start writing about your talents and skills

**Holy Spirit, I ask that you would show me all the talents that were in place when I was born. Allow me to see myself as You see me, in Jesus name, Amen.**

Write down all the talents that come to mind:

How are you using these talents now? Ask God to show you other places or areas where you can use this talent:

**Holy Spirit, I ask You to show me the skills that I have now. The areas that I have expertise through education, training or through practice, in Jesus name, Amen.**

Write the skills that come to mind:

Where are you currently using these skills? Ask God to show you other places or areas where you should be using each of these skills:

**6 Month Review – You should do this portion every 6 months to see your growth.****Levels****101****201****301****401**

Ask God to show you if He is pleased with how you are using your talents.  
Write your thought and any scriptures you were given:

Ask God if there is anything you need to do to grow in your talents:

Ask God if there are other places where you should be using your talents:

Ask God to show you if He is pleased with how you are using your skills.  
Write your thought and any scriptures you were given:

Ask God if there is anything you need to do to grow in your skills i.e. more training, education or teachings:

	<p>Ask God if there are other places where you should be using your skills:</p>
<b>Prayer of Declaration</b>	<p>Lord, I lift my talents and skills up to you and ask that You would purify them, perfect them and bring glory to Yourself through them. I pray that you will continually show me how to use my talents and skills so that I will walk into my purpose and destiny prepared, in Jesus name, Amen.</p>