

The makeup of man



John 14:15 AMP "If you [really] love Me, you will keep and obey My commandments.

Regenerated

Spirit

MIND

Unregenerated

Mind

Body

Soul

Heart

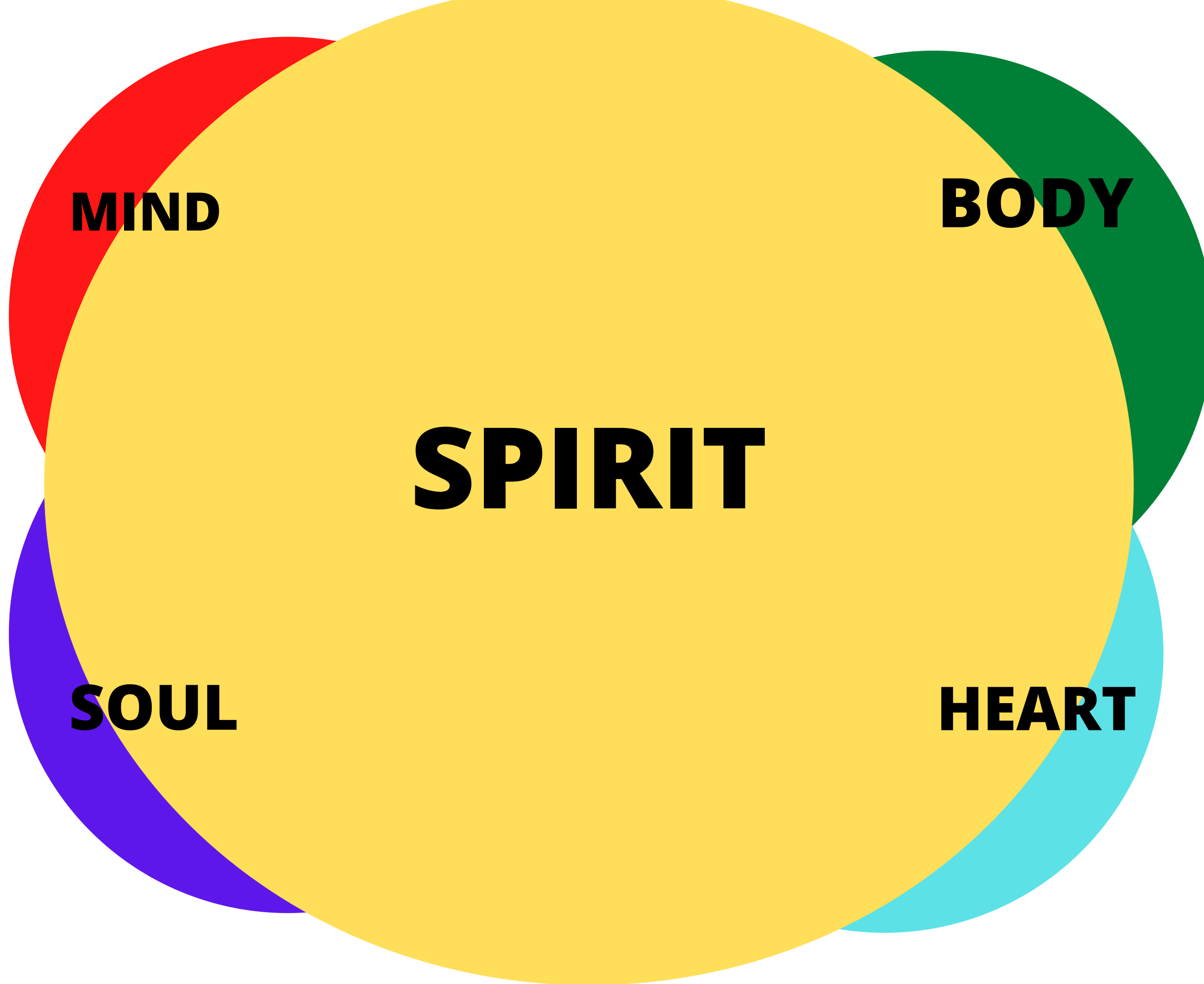
BODY

SPIRIT

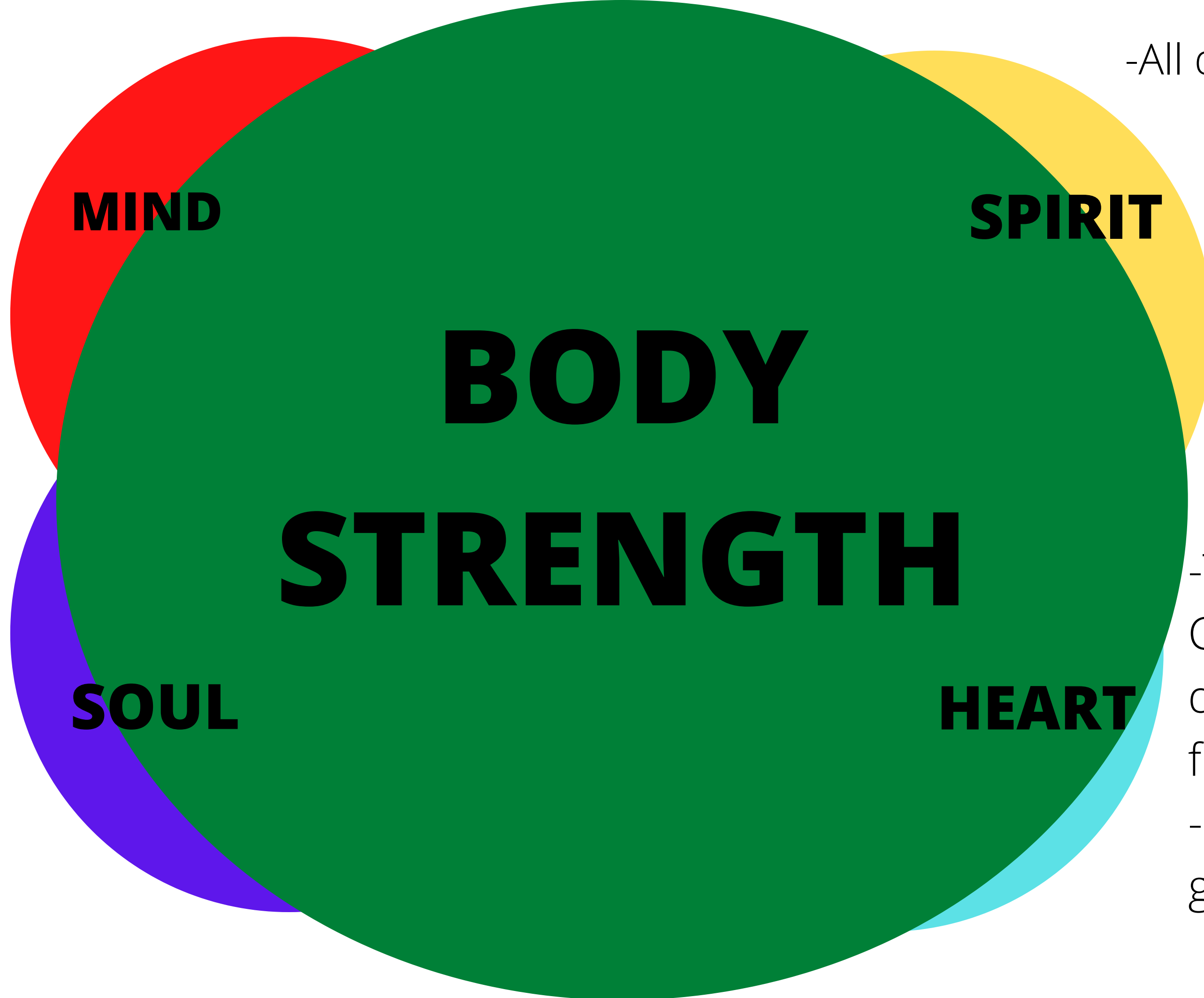
SOUL

HEART

Scriptures: John 3:5-8, Titus 3:5-6, John 3:6



- Whatever you feed grows
- Feeding your regenerated spirit should be your goal.
- So that your mind, body, soul & heart is governed by your regenerated spirit until they also become transformed and regenerated as well.
- This doesn't mean you won't have a bad thought but your spirit will overrule whatever is not of God.
- You prove you love God by obeying His commands in all your parts/makeup

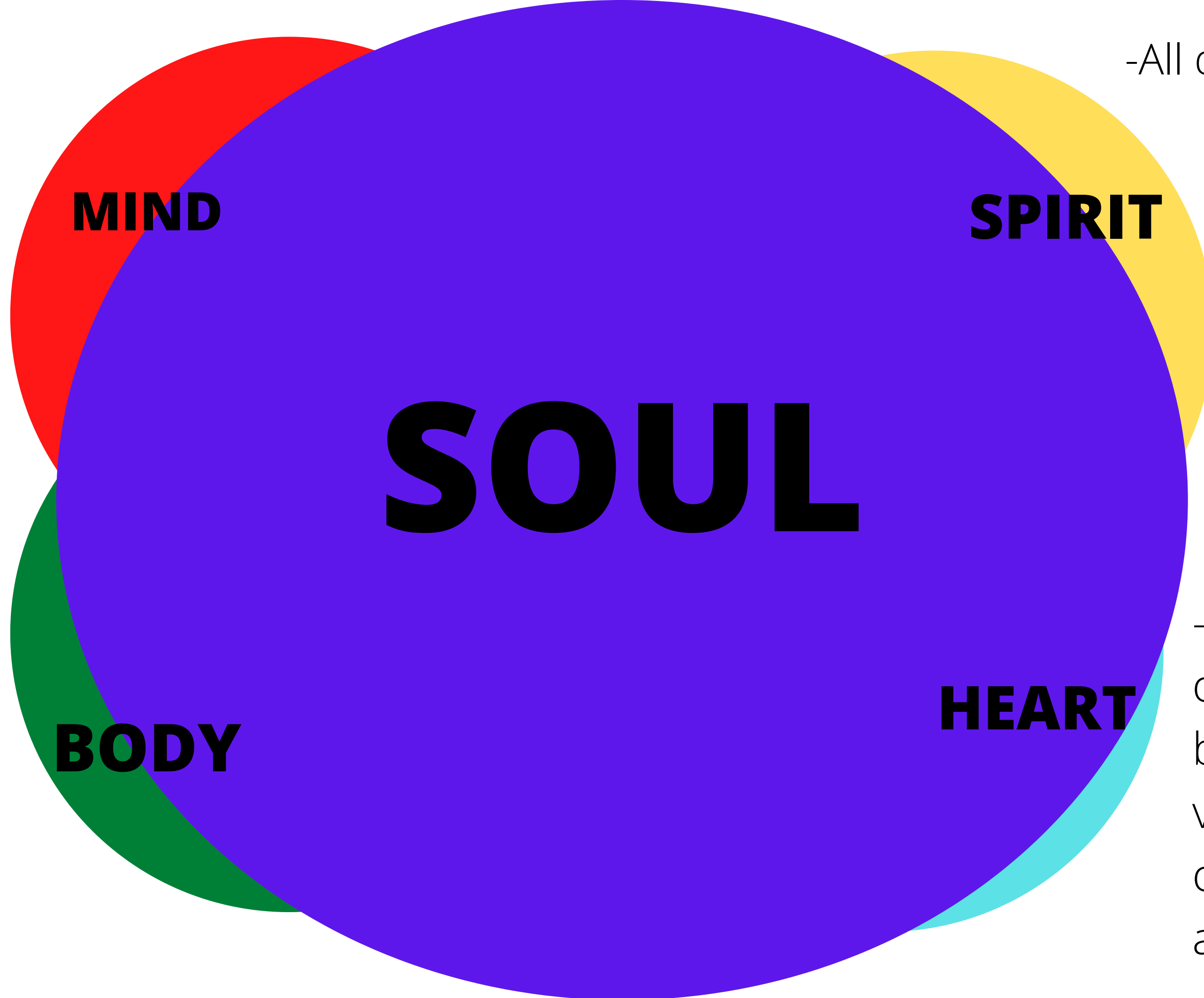


-All decision making is governed by the flesh

- Drugs
- Pornography
- Alcoholism
- Fornication
- Obesity
- Anorexia

-This persons can be a Christian but all their decisions are based on their flesh.

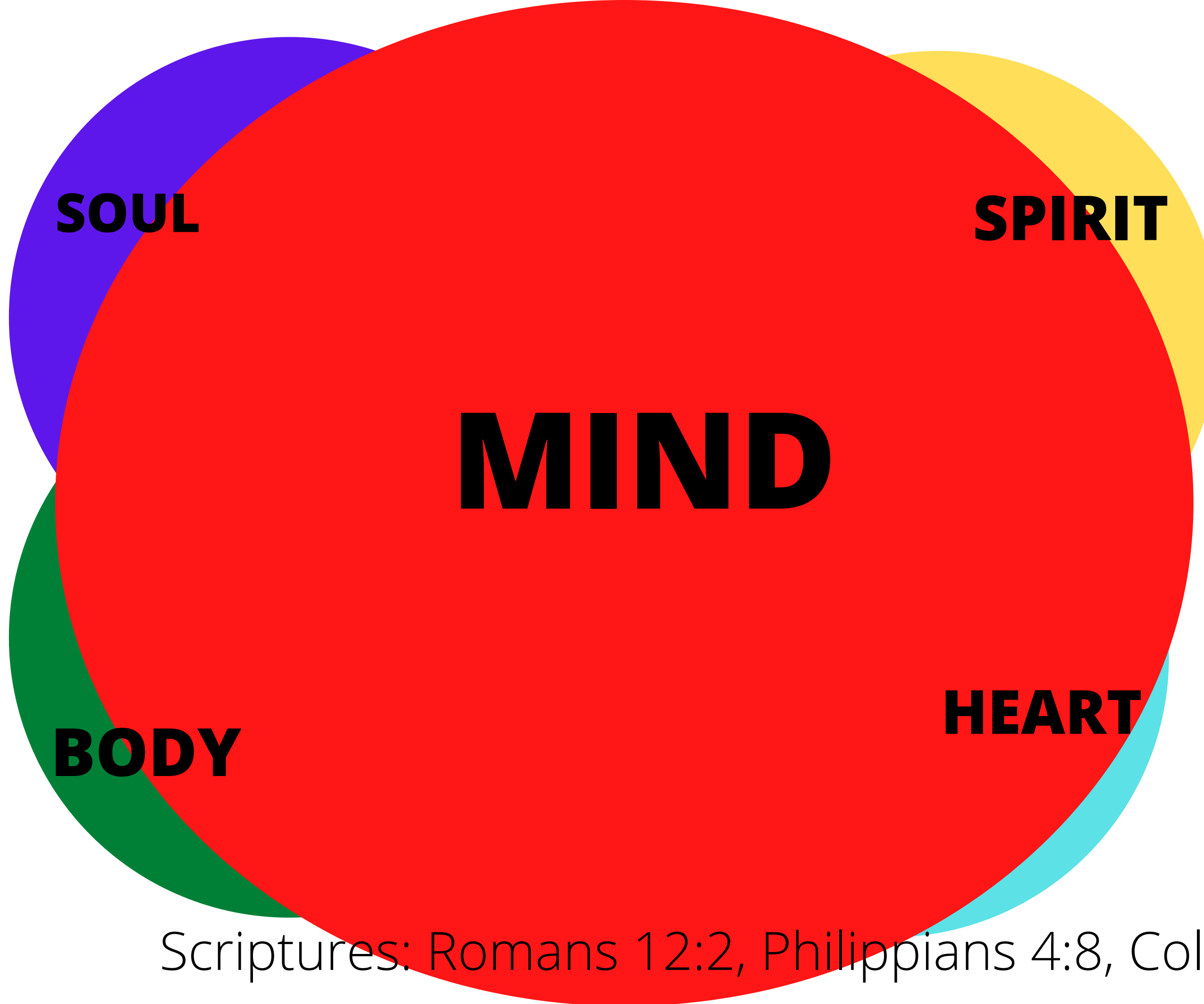
- you get occassional glimpses of the spirit



-All decision making is governed from a soulish place

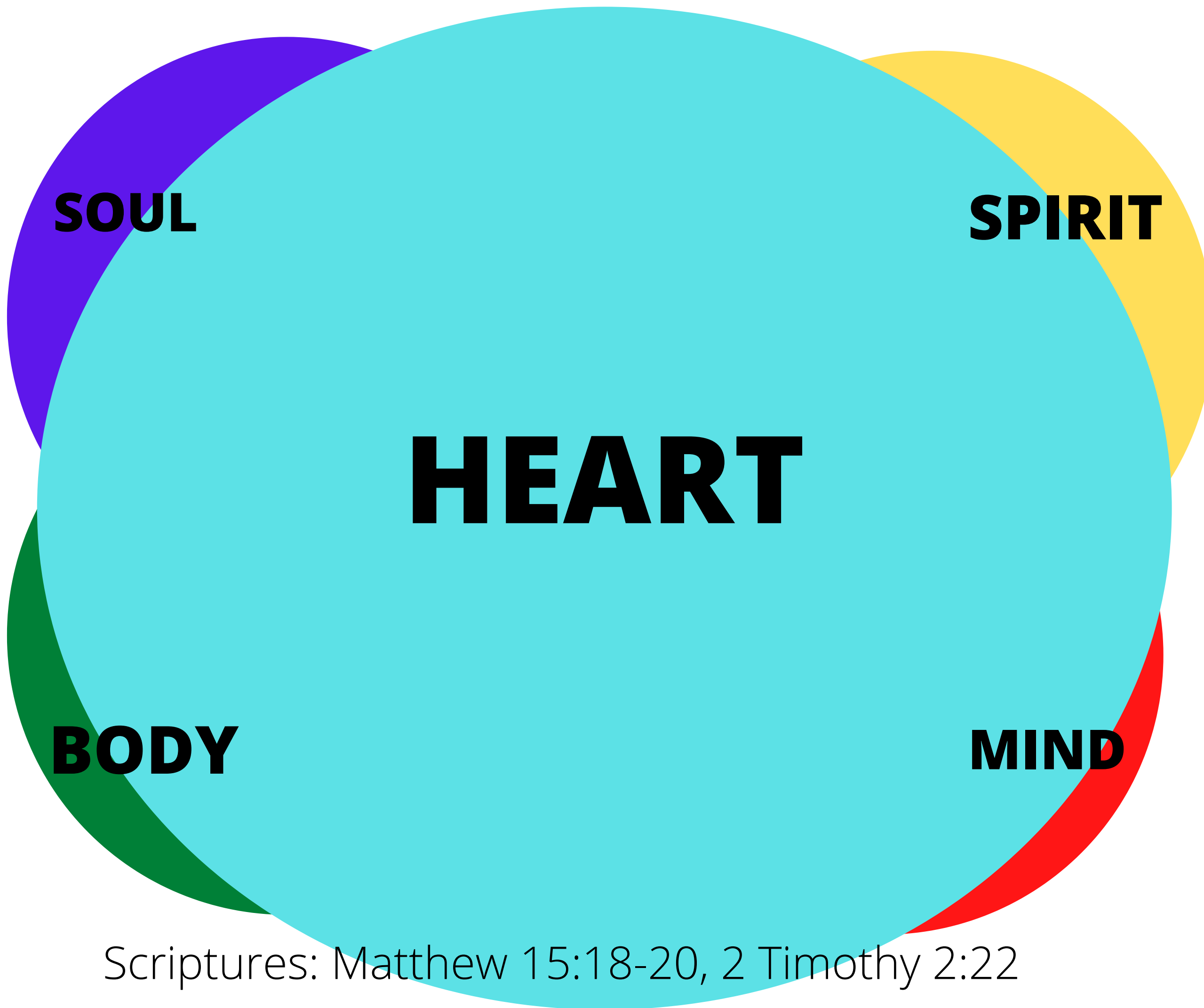
- Past Hurts/Wounds
- Generational Curses
- Sexual Abuse
- Domestic Abuse
- Divorce
- Childhood Trauma

-Most of the times the parts overlap; someone who has been emotionally or verbally abused has an overlap with the soul, heart and the mind



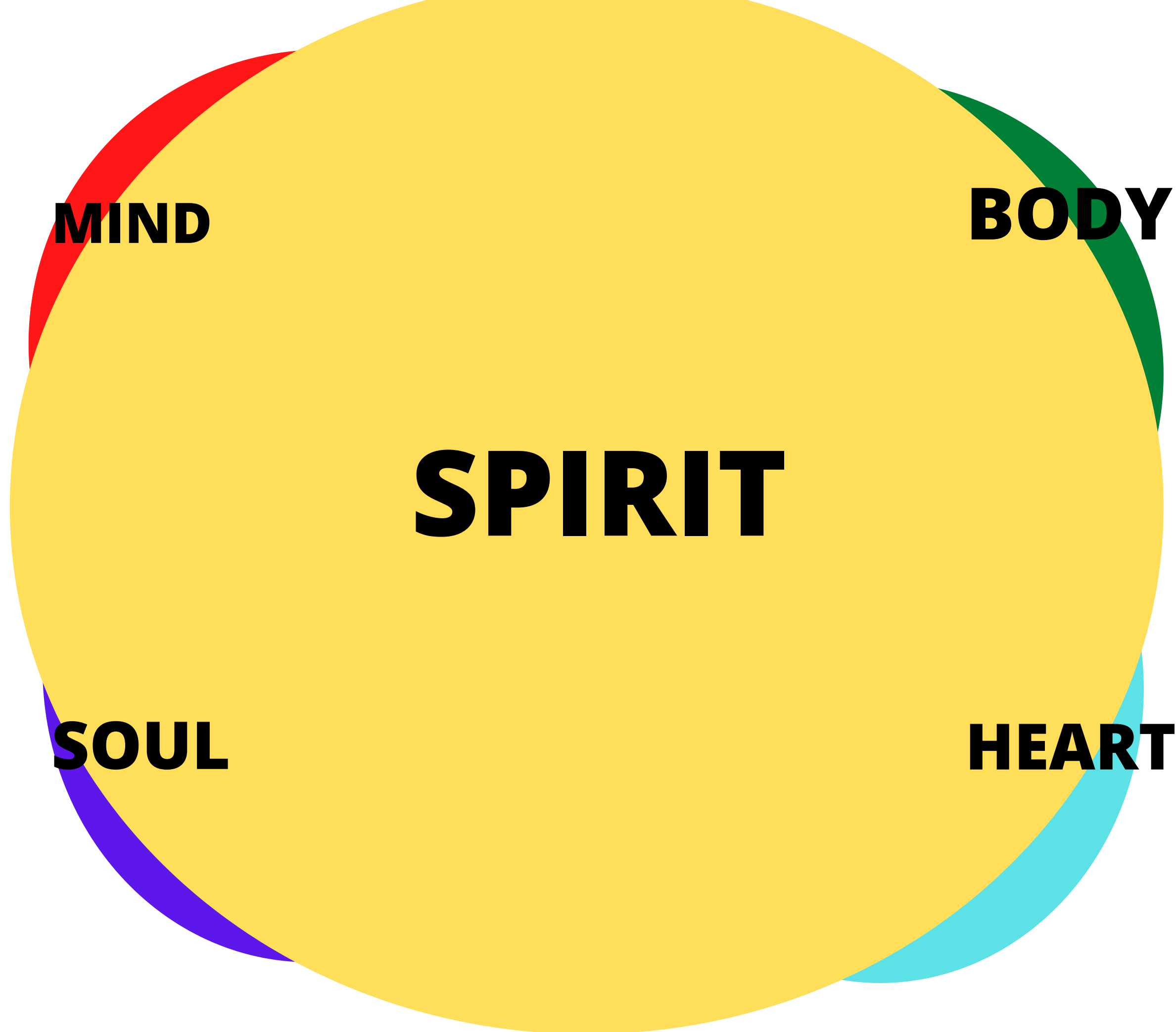
- All decisions are governed from an unregenerated mind
- Only responding to facts and figures and not able to accept the things of the Spirit
- Having Bad thoughts towards others based on past experiences/Negativity
- Easily swayed by peer pressure, the media and culture
- Judging everything based on popular opinion
- Overanalysis: analysis paralysis
- Prideful, Judgmental, Narcissistic
- Impure thoughts
- Judging everything by what they can see
- If this person is in the church without being truly saved they will become very religious, following all the rules, knowing scriptures but lacking the fruit of the Spirit and lacking love

Scriptures: Romans 12:2, Philippians 4:8, Colossians 3:2-5



- The heart holds our **emotions & will** so this is where woundedness from emotional and verbal abuse would be
- Difficulty trusting others
- Difficulty loving others based on past experiences/hurts/wounds
- Holding grudges against others
- Unforgiveness
- Jealousy/Envy
- Identity Issues
- Insecurities
- Cold & lacking compassion
- Stubborn
- Doubt/Unbelief
- Rejection
- Unrest/lacking peace
- Evil/Deceptive thoughts & plans

Scriptures: Matthew 15:18-20, 2 Timothy 2:22



Remember that the goal is to have a regenerated Mind, Body, Soul & Heart.

The only way to do this is through the help of the Holy Spirit who now resides in you as a believer in Christ, by reading & obeying the Word of God and through prayer. Only then will we be able to love Him with our entire being. If we love Him we will obey His commands.

You are also not alone in this. By being a part of this school we will help you with this.